SUMMER GLASS SCHEDULE



3:00PM-4:00PM **SATURDAY**

WALKOVERS HANDSPRINGS ENROLLMENT

OPEN OPEN

4:00PM-5:00PM SATURDAY

FLIPS & FLIGHT HANDSPRINGS

OPEN OPEN

5:00PM-6:00PM SATURDAY

FLYER & FLEX FOUNDATIONS

OPEN OPEN

10:00AM-11:00AM **SUNDAY**

FOUNDATIONS WALKOVERS OPEN OPEN

11:00AM-12:00PM SUNDAY

HANDSPRINGS FLIPS & FLIGHT OPEN OPEN

12:00PM-1:00PM

SUNDAY

FLIPS & FLIGHT FLYERS & FLEX OPEN OPEN

1:00PM-

SUNDAY

2:30PM OPEN WORKOUT

SELECT DATES